

SPINAL CORD INJURY SUPPORT GROUPS

SCI FAMILY PEERS

Magee Rehabilitation welcomes Ruth Black, MSS, LCSW in her new position as Family Mentor Coordinator for the SCI program. Ruth was a Staff Social Worker at Magee from 1987-1991. She then joined the Social Work team at duPont Hospital where she was employed for thirteen years.

Ruth is looking to expand the Family Peer Support Program. She is looking for family and loved ones of previously injured SCI

patients to volunteer to be Family Peer Mentors.

Family Peer Support is a group in which specially trained families who have experience with a spinal cord injury help others who share their struggles. Family members and significant others of individuals who have had a spinal cord injury are encouraged to attend. Inpatient and outpatient families are welcome. Family Peer Counselors offer reassurance, support

and helpful practical tips.

This group meets on the third Wednesday of every month at 6 p.m. in the 5th floor lounge on the Spinal Cord Injury Unit at Magee Rehabilitation Hospital. Assistance is also available by phone if you cannot attend the meetings.

For more information or to become a Family Peer Mentor, please contact **Ruth Black** at **(215) 587-3174** or **rblack@mageerehab.org**.



SCI PEERS, sharing experiences

The SCI-Peer Consultant Group provides individuals who have suffered a SCI the chance to learn from those who have rehabilitated following such an injury.

Magee can match peers based on injury level, social situations, age, gender, marital status, recreational interests and

vocational experience.

To request a peer consultation, or to volunteer as a mentor, contact **Marie Protesto** or **Sonya Dibeler** at **peers@mageerehab.org** or **(215) 587-3174**.



SCI RESOURCE & SUPPORT GROUP

This group provides education, recreation and support opportunities to individuals with spinal cord injuries. Traditionally, meetings are held at Magee on the second Thursday of every month at 6 p.m. in the Second Floor Conference Room. However, social outings are scheduled based on availability and pricing.

We are always looking for new topics. If you have an idea for a topic or would like more information, please call **Marie Protesto** or **Sonya Dibeler** at **(215) 587-3174**, or e-mail **peers@mageerehab.org**.

WOMEN'S DISABILITY SUPPORT GROUP

To help women with spinal cord dysfunction explore their thoughts and feelings about life with a disability, Magee provides a support group each Monday

afternoon. This group addresses topics such as relationships, career issues, intimacy and sexuality.

For more information about this group, contact

Marie Protesto or **Sonya Dibeler** at **peers@mageerehab.org** or **(215) 587-3174**.

